

My habit-worthy goals

The following goals are open-ended goals and require activities to be scheduled regularly. They either have no deadline or have a deadline that is several decades away.

Goal	Habit	Frequency
Goal 1:	Habit 1:	
	Habit 2:	
	Habit 3:	
Goal 2:	Habit 1:	
	Habit 2:	
	Habit 3:	
	Habit 4:	

(Please add as many rows as required)